

in good health

The Norfolk and Waveney Health and Care Partnership

Norfolk and Waveney STP Oversight Group

August 2019 update

The focus of our August meeting was developing our five year plan for health and care in Norfolk and Waveney. Together with the chief executives of our local health and care organisations, we discussed our vision for the future, our priorities and what should go in our plan.

It's not just 'our plan' though – this is about your health and wellbeing, and your local health and care services.

Every day we all make choices that affect our own health and wellbeing, and many of us spend time caring for other people too - our partners, children, parents and friends.

As a result, we all have lots of experiences of caring for others, and being cared for. We need you to turn all your experiences into good ideas about how we can improve the health and wellbeing of people living in Norfolk and Waveney.

Your ideas might just save a life, so [get involved](#) and tell us what you want to see in our five year plan for health and care.

I hope you find the updates below useful.

Patricia

Rt Hon Patricia Hewitt

Independent Chair of the Norfolk and Waveney STP



[Click here to receive these updates straight to your inbox](#)

Your local NHS and county councils are writing a five year plan for improving the health and wellbeing of people living locally.

What would you like to see in our plan?

Find out more at:

www.norfolkandwaveneypartnership.org.uk

in good health
The Norfolk and Waveney Health and Care Partnership



Managing the finances and performance of our health and care system

At all of our meetings we discuss the finances and performance of our health and care organisations. The big news we recently received was a major cash boost of £133 million to improve care. We have been awarded:

- £70 million for three new Diagnostic and Assessment Centres, which will increase our capacity at our three hospitals to support earlier cancer diagnosis, in particular for lung, prostate and colorectal cancers.
- £38 million to build four new in patient wards at Hellesdon (mental health) Hospital in Norwich, to increase and improve provision, and reduce the number of patients who have to travel out of area for treatment.
- £25m for primary care developments in each of the five CCG areas of Norfolk and Waveney.

This is brilliant news for people living locally, as well as of course for our health and care professionals. As always, you can read our finance and performance reports with the papers for the Norfolk Health and Wellbeing Board, CCG governing bodies and NHS trust board meetings.

How can we make Norfolk and Waveney a healthier place to live?

Share your ideas here:
<https://ingoodhealth.dialogue-app.com/>

in good health
The Norfolk and Waveney Health and Care Partnership



Working more closely with the voluntary sector

Local voluntary, community and social enterprise organisations have been talking with us about how we can work more closely together. Alan Hopley of Voluntary Norfolk came to update us on progress.

Collectively we have decided to develop a Voluntary Sector Health and Social Care Assembly, to provide us with a way of talking about and planning for the future together. Our aim is to strengthen the relationships between the broad range of voluntary, community and social enterprise groups and organisations operating across Norfolk and Waveney, with local health and social care commissioners and providers.

We are committed to working together to design how the assembly will operate, so that we can ensure it represents and meets the needs of communities and the voluntary sector, and that the voices of smaller groups are heard.

Voluntary Norfolk are supporting the development of the assembly, working with Community Action Norfolk, Momentum, Community Action Suffolk, the Health and Wellbeing Board and our partnership of local health and care organisations.

All constituted organisations based and/or operating in Norfolk and Waveney are invited to express their interest in being part of the developing assembly. Find out more [here](#).

People's experience of health and care

We started our meeting by hearing from a carer about her husband's care and their experience of cardiology services locally. Her husband spent 23 weeks as an inpatient in different hospitals, going from the Norfolk and Norwich to Papworth Hospital and back again, before being cared for by Norfolk Community Health and Care.

At all of our meetings we start by hearing from people about their experience of health and care. As with almost every other story we've heard, they explained that the staff were by and large excellent and very caring.

However this couple's experience really highlighted how differently organisations work, opportunities for joining-up people's care better and improving communications, as well as how investment in equipment and technology could improve the quality of care. These are all challenges we will need to address in our five year plan and through our continued efforts to improve people's care by working together.

How can we better support people with long-term conditions, such as diabetes, breathing problems, Parkinson's disease or epilepsy?

Share your ideas here:

<https://ingoodhealth.dialogue-app.com/>

in good health

The Norfolk and Waveney Health and Care Partnership



Are you living with Diabetes?

The Wellbeing Service offers a range of therapy, treatments, and peer support to help people achieve emotional health and wellbeing.

We also run workshops for people living with diabetes where we explore how your condition can affect your wellbeing, and discuss tools and strategies to help manage periods of depression, anxiety or stress.

Workshops are usually 1½ hour sessions per week, over 4 weeks.

Call us for more information about the range of Wellbeing services available to you!



Call **0300 123 1503**
www.wellbeingnands.co.uk

 WellbeingNandW

 WellbeingSuffolk

 @WellbeingNandW

 @Wellbeing_Suff